

**PRESBYTERY of DES MOINES**  
**Older Adult Ministries (OAM) and Congregational Health Ministry**  
**June 2010, Monthly E-Newsletter**

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**October POAMN Conference in Orlando.** Join us in Orlando, Florida, October 12-15 at the International Palms Resort and Conference Center. The 2010 annual event title is *Connecting the Generations: Model, Methods and Mentors in Ministry*. With 11 workshops to choose from, you're sure to take back key points in helping your churches' older adult ministry:

- **Taking the Plunge** (Pre-Conference workshop): **Michele Shultz Hendrix**. Planting the positive seed of change - building an intergenerational model for Older Adult Ministry in your congregation.
- **Just Add Water: Rev. Tom Tickner**. The Chaplain's Track, will focus around the gifts that each of the chaplains bring to the work that we do. It will be an opportunity to share our work together and act as a support group to each other.
- **Testing the Water – Where Do I Get On Board?: Ann McIntire & Michele Shultz Hendrix**. Building and developing Ministry Program and Leaders in your congregation.
- **Intergenerational Ministry – Can I Do This?: Jan McGilliard**. How to live in a culture that is constantly changing and surprisingly, the same. Sooner or later every church hits the generation issue.
- **Family Connections: Building “Grand” Relationships & GrandTravel: Amy Goyer & Jan McGilliard**. With an estimated 70 – 80 million grandparents in the U.S., grandparent power is on the rise! Celebrate the joyous role of being a grandparent and learn about great things for grandparents to do to build and enrich relationships with grandchildren. We'll discuss everything from technology to travel, education, food and festivities. Bring your ideas to share!
- **Second Time Around: Grandparents Raising Grandchildren: Amy Goyer**. Over 2.5 million grandparents are responsible for the basic needs of grandchildren living with them in the U.S. While grandparents will always tell you they love their grandchildren and are glad to be there for them, there are many challenges they face. This workshop will provide an overview of these grandparents and the 4.5 million children who live with grandparents, as well as strategies for supporting them. Participants will learn about successful program models such as support groups, respite care and resource centers. National, state, and local online and print resources will be shared.
- **The Mountain and The Wave: Emerging Technology: TBD**. Technology has been championed for its potential to improve the well-being of older adults. Emerging technologies are becoming important as a means for improving the independence and health of older adults through enhancements in medical devices, information and communication technologies, disease management, family caregiver communication, sensors, point of care testing, electronic medical records, and decision-support and advance directive software.
- **Surfing the Web – Communication and Connection: Cameron & Matt Hammon**. Facebook, Twitter and Skype. Welcome to a new vocabulary!
- **Sink or Swim – Communicating Through Change: Ginny Nyhuis**. Communication can be difficult for all ages, especially when a person has a disease related dementia. This session will cover the social needs of persons

with dementia, and provide tools and techniques for enabling meaningful interactions.

- **Connecting the Generations: Ann McIntire & Michele Shultz Hendrix.** Today, 50+’ers and Older Adults are niched by generation as never before - someone turns 50 every (7) seconds! The demand and challenges to meet the needs of this growing population increase by the minute.
- **Music, Music, Music: Cameron & Matt Hammon.** Connect generations with Prayer and Praise. Battle of the generations or battle of the bands?



**POAMN Conference Scholarship Information:**

The Presbyterian Older Adult Ministries Network is pleased to announce the availability of partial scholarships to first time attendees of the POAMN Conference as a way of promoting growth in this important network of Older Adult Ministries resource persons. A limited number of scholarships are available. To receive more information and an application for partial scholarship, contact Ginny Nyhuis at (615) 426-1545 or [gnyhuis@verizon.net](mailto:gnyhuis@verizon.net). Deadline for completed scholarship applications is August 31, 2010.

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Questions? Contact **Older Adult Ministries Task Force Moderator Darlene Shepherd**, [dshep@mahaska.org](mailto:dshep@mahaska.org) or 641-673-5793.

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**Circa 1920 Basketball Played by Grannies** – An article written by Jewell E. Chapman of Des Moines, Iowa (newsletter editor for **Clifton Heights Presbyterian Church in Des Moines**) appears in POAMN 2010 Spring Newsletter, Issue 11, on page 8 & 9. A photo of the Hot Pink Grannies is also included. To see the issue, a pdf of the newsletter was attached to this monthly Presbytery’s Older Adult Ministries e-mail and is also available for viewing online at: [www.poamn.org/uploads/10\\_Spring\\_PNN.pdf](http://www.poamn.org/uploads/10_Spring_PNN.pdf).

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**The Older Adult Week Guide 2010 Version is out** – and after briefly looking it over – it is super. There are explanations and ideas to use throughout the year(s). It is available at [www.POAMN.org](http://www.POAMN.org) and can be ordered for \$2.

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In the end, it’s not the years in your life that count. It’s the life in your years.  
~ Abraham Lincoln

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